



FORMATION PROGRAM IFC 2025

Called
Gathered
Sent



REGNUM
CHRISTI

APOSTLES OF
HOPE
ROME JUBILEE 2025

www.ifcbbyrc.com

Formation of Formators



The Federation promotes the formation of formators because of the awareness that people who are well prepared to form, guide, and inspire others are essential for deep, lasting, and dynamic apostolic action.



Statutes of the RC
Federation (36)

INDEX

General Information

Pages 1-7

The Mission
Dynamic Formation
IFC Spirituality



Chapters

Pages 8-14

1. In His Image
2. The Greatest Story
3. Own your Worldview
4. Pilgrimage
5. RC Living the Mystery
6. RC Coworkers Course

The Team

Pages 15+

Patron Saints
IFC Staff





Mission

To form and inspire the Regnum Christi formators so that they renew their identity and mission as apostles of the kingdom within Regnum Christi in the Church *(cf. SRCF 7, 36)*.

4 Objectives:

1. Create opportunities for a real, personal and transforming **encounter with Christ**, in which the formator discovers his vocation to be a beloved child of the Father, in Jesus Christ, through the Holy Spirit (cf. LG 7).
2. Facilitate **greater self-knowledge** in each formator, which serves as the basis for the spiritual life, alongside the awareness of their vocation and mission within Regnum Christi and the Church.
3. Offer a **solid intellectual formation** based on the triad God-Man-World, which will help them to understand the world, history, and the signs of the times in light of the Gospel.
4. Facilitate for the formators an experience of the joy of living the faith in a **community of apostles**, aware that we are part of a spiritual family in the Church (cf. EIRC 17).

Dynamic Formation

In the IFC, we aim to cultivate the formator's development through diverse pedagogical approaches. On one front, we pursue a **FORMATIVE** process wherein they are molded following evangelical values and principles, enabling them to embody the image of Christ. Simultaneously, within the **EDUCATIONAL** domain, our goal is to collaboratively explore and unveil all that has been bestowed upon the formator — talents, charisms, and experiences. Finally, within the sphere of **EXPERIENTIAL** learning, our aspiration is for them to consciously and profoundly engage in experiences that contribute to a deeper understanding of self, their relationship with God, and their role in the world.





IFC Spirituality



The IFC's spirituality is expressed in specific moments where we encounter God in a special way, both communally and individually. It also encompasses times when we delve deeper into this encounter and explore the spiritual life. In the IFC, these moments include:

Daily Meditations

Following the spiritual exercises of St. Ignatius of Loyola as a guide.

Night Prayer with the Blessed Sacrament Exposed

Involving moments of adoration, examination of conscience, and compline.

Eucharistic Adoration

Charismatic Prayer Moments

Apostolate in the City of Rome

Street Faith

Personal Acompaniment

Prayer Workshop

RC Talks

Insightful conferences that delve into the journey of discipleship and spiritual life.



CHAPTERS

The IFC is divided into 4 chapters, which follow a specific pattern. Each activity, conference, and workshop has a specific reason for its place within the curriculum.





Rome

7th of July

Intro

Breaking the Ice

Assembled from around the world, our international group takes its first steps to becoming a tight-knit community of apostles.

Objective: To introduce the International Formators Course and its program. This chapter will provide the tools which the formators will use throughout the course.

Conferences

Inauguration

Mass

Welcome Dinner





In His Image

Here we are introduced to the protagonist, God, and those he chose to participate in the story, mankind.

Objective: To explain the basis of man and woman's dignity, seeking to answer the following questions: Who is man and woman? What is their goal? How do they fulfil their purpose? Similarly, exploring the disorder introduced by original sin, both in terms of the external and internal obstacles that each person faces in their path towards Transcendence.

Conferences

Christian Anthropology

Br. John Kenny, LC (English)

Taking in what we've learned: and exercise to internalise and share.

The identity of the Apostle of the Kingdom: Regnum Christi members recognize the call to live and make present a concrete mystery of the life of Christ. They not only contemplate Christ, but because of their baptism and their vocation to Regnum Christi, they experience what it means to let him live, here and now, in them, what it was that he lived in his life on earth.

Other Activities of Chapter 1:

Visit to Assisi

Street Faith





Chapter 2



Rome

12th - 14th of July

The Greatest Story

By delving into the Sacred Scriptures and exploring the history of the Church, we enter into the Story of Salvation.

Objective: Our goal of entering the big picture implies, as the Catechism explains, a panoramic view and a “reading that looks for the unity of Scripture and helps illuminate the unity of God’s Plan” of salvation: from creation to the messianic fulfillment in Jesus, and continuing with the birth and spread of the Church.

Conferences

The Story of Salvation

Fr. Anton Vogelsang, LC (English)

Church History

P. Vincenz Heereman, LC (English)

Other Activities of Chapter 2:

- Visit to the Vatican Museums
- Angelus with the Pope
- Mass in the Vatican



Own Your World View

By Investigating the world in which we live, some of the common ideological trends, and our Catholic perspective, we prepare ourselves for the mission entrusted to us.

Objective: To be aware of and understand the ideologies and problems that challenge today's world, hence forming an objective personal criterion in accordance with the Gospel. The topics cover the world's scenarios and the ideologies that are currently assailing it (particularly relativism). From evangelical truth and the solid foundation of man's dignity, the formators will seek to acquire the capacity of seeing, judging, and acting as true Christians in their everyday lives, transforming culture through their own testimony.

Conferences

What is a Catholic WorldView

Fr. Gabriel Wendt, LC (English)

Culture, Ideologies, and Dialogue with Postmodernity

Marta Rodriguez (Spanish)

Taking in what we've learned An exercise to internalise and share





Pilgrimage



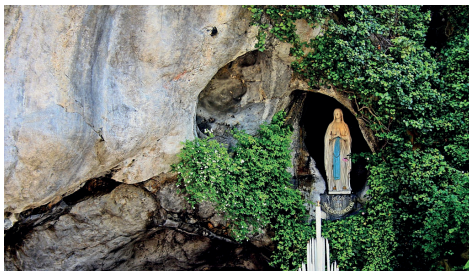
Spain & France

17th - 23rd of July

A Colorful Tapestry

On our pilgrimage, we explore the the riches of the Church in Europe

The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branch



Lourdes

Grotto of Our Lady of Lourdes



Barcelona Sagrada Familia





RC - Living the *Mystery*

The preceding stages offered us a mystery: God's call and man's response. In this chapter, we progress from being static spectators to active participants in the mystery of God's plan of Salvation.

Objective: To culminate the journey made in the previous chapters in order to arrive at the apostolic discernment of reality and to present the response of the Holy Spirit through his charisms and our collaboration in responding to God's call to holiness according to the charism of the R .

Conferences

RC Formation

Vive el Misterio

Holy Hour

Final Dinner



Rome

Special
Chapter

RC Coworkers Course

Apostles of Jesus Christ

RC Coworker program leads young people into a deeper relationship with Jesus Christ, forms them as Christian leaders and apostles, and sends them out to put their unique gifts and talents at the service of the Church's evangelizing mission.

Preparation Course: International Formators Course + 6 days of RC Coworkers Course at Rome.

Year-long Follow-Up: Conducted by IFC Staff and Territorial Coordinators of the Coworker Program.

Gatherings: The Coworker's summits will be held in Ratingen, Germany (November) and Rome/Assisi (April / May), providing rest, prayer, formation, and community. The Spiritual Exercises will be in Spain (February).

***Note:** The training of collaborators will be given during the IFC.





Patron Saints of the IFC

Saint Paul Apostle

Let no one look down on your youthfulness, but rather in speech, conduct, love, faith, and purity, show yourself an example of those who believe.



Saint Thérèse of Lisieux

Holiness is a disposition of the heart that makes us humble and little in the arms of God, aware of our weakness, and confident – in the most audacious way – in His Fatherly goodness.

Chiara Corbella

What God wants for us is so much more beautiful than anything we could ever ask for with our imagination.



Carlo Acutis

Our aim has to be the infinite and not finite. The Infinite is our homeland. We have always been expected in Heaven.

Saint Francis of Assisi

Remember that when you leave this earth, you can take with you nothing that you have received - only what you have given: a full heart, enriched by honest service, love, sacrifice, and courage.



Antoni Gaudí

The straight line belongs to man. The curved line belongs to God.

Our 2025 IFC Staff



Paula Restrepo



Isa Delgado



Helen Yalbir



Cecilia Cánovas



Ticho Sosa



Cristy Villaseñor



Ignacia Campos



Mariana Esquer



Zuzi Ocegüera

Important Information

The academic formation within the IFC

The curriculum is given by the Institute of Religious Sciences of the Atheneum Pontificium Regina Apostolorum.

The IFC also works as a preparation for the
Coworkers year program

The material for each conference will be given so that the formator can replicate it in his locality.







IFC
by Regnum Christi





IFC
by Regnum Christi